<table>
<thead>
<tr>
<th>Nutritional Facts</th>
<th>Nutritional Facts</th>
<th>Nutritional Facts</th>
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<th>Nutritional Facts</th>
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<tr>
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<td>Serving Size: (30ML)</td>
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<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>Amount Per Serving</strong></td>
<td><strong>Amount Per Serving</strong></td>
<td><strong>Amount Per Serving</strong></td>
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</tr>
<tr>
<td>Calories (g)</td>
<td>Calories (g)</td>
<td>Calories (g)</td>
<td>Calories (g)</td>
<td>Calories (g)</td>
</tr>
<tr>
<td>Calories From Fat (g)</td>
<td>Calories From Fat (g)</td>
<td>Calories From Fat (g)</td>
<td>Calories From Fat (g)</td>
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</tr>
<tr>
<td>% Daily Value</td>
<td>% Daily Value</td>
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</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td><strong>Total Fat</strong></td>
<td><strong>Total Fat</strong></td>
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<tr>
<td>% Daily Value</td>
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<td>% Daily Value</td>
<td>% Daily Value</td>
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</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
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<tr>
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<td><strong>Cholesterol</strong></td>
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<td><strong>Cholesterol</strong></td>
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<td>% Daily Value</td>
<td>% Daily Value</td>
<td>% Daily Value</td>
<td>% Daily Value</td>
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<tr>
<td><strong>Sodium</strong></td>
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<tr>
<td>% Daily Value</td>
<td>% Daily Value</td>
<td>% Daily Value</td>
<td>% Daily Value</td>
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</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td><strong>Total Carbohydrate</strong></td>
<td><strong>Total Carbohydrate</strong></td>
<td><strong>Total Carbohydrate</strong></td>
<td><strong>Total Carbohydrate</strong></td>
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<td>g</td>
<td>g</td>
<td>g</td>
<td>g</td>
<td>g</td>
</tr>
<tr>
<td><strong>Dietary Fiber</strong></td>
<td><strong>Dietary Fiber</strong></td>
<td><strong>Dietary Fiber</strong></td>
<td><strong>Dietary Fiber</strong></td>
<td><strong>Dietary Fiber</strong></td>
</tr>
<tr>
<td>g</td>
<td>g</td>
<td>g</td>
<td>g</td>
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<tr>
<td><strong>Sugar</strong></td>
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<td><strong>Sugar</strong></td>
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</tr>
<tr>
<td>g</td>
<td>g</td>
<td>g</td>
<td>g</td>
<td>g</td>
</tr>
</tbody>
</table>

### Apple, Celery, Kale, Romaine, Lemon (All Organic)
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

### Cucumber, Pineapple, Celery, Spinach, Kale, Romaine, E3 Live, Himalayan Salt (All Organic)
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

### Cucumber, Spinach, Romaine, Celery, Lemon, Himalayan Salt (All Organic)
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

### Rainbow Chard, Cucumber, Gollards, Celery, Kale, Lemon, Ginger, Sunflower + Pea Microgreens (All Organic)
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

### Butternut Squash, Celery, Zucchini, Kale, Lemon, Turmeric (All Organic)
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**90% Vitamin A**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

**80% Vitamin C**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

**Source of fiber**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

**3g protein per serving**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**TKO**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

**190% Vitamin A**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

**90% Vitamin C**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**90% Vitamin A**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**80% Vitamin C**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**Source of fiber**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**3g protein per serving**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**TKO**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**190% Vitamin A**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g

---

**90% Vitamin C**
- **Nutritional Information:**
  - Calories: 200
  - Carbohydrates: 30g
  - Protein: 7g
  - Fat: 10g
  - Fiber: 5g
  - Sugar: 0g
<table>
<thead>
<tr>
<th>Nutrition Facts</th>
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<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>Calories (0)</strong></td>
<td><strong>Calories from Fat (0)</strong></td>
</tr>
<tr>
<td><strong>Total Fat (g)</strong></td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat (g)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat (g)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Cholesterol (mg)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Total Carbohydrate (g)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber (g)</td>
<td>0%</td>
<td>0%</td>
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<tr>
<td>Sugar (g)</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Protein (g)</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

**Nutrition Facts**

**Pineapple, Cucumber, Lemon, Ginger (All Organic)**

**Nutrition Facts**

**Pineapple, Orange, Lemon, Liquid Cayenne (All Organic)**

**Nutrition Facts**

**Apple, Carrot, Beet, Celery, Lemon (All Organic)**

**Nutrition Facts**

**Carrot, Apple, Ginger (All Organic)**

**Nutrition Facts**

**Organic Apples**

**Nutrition Facts**

**Greenhouse Juice Co.**

|------------------------------------------------|-----------------------------------------------------|-----------------------------------------------|-----------------------------------|----------------|

**vitamin C**

130% Vitamin A

240% Vitamin A
### Nutritional Information

**Vanilla Bean, Himalayan Salt**

**Almonds**
- **Protein:** 6g per serving
- **Fiber:** Very high
- **Fat:** Very high

**Filtered Water**
- **Calories:** 0
- **Sugar:** 0g

**Sodium:** 0mg

**Vanilla Bean**
- **Vitamin A:** 0%
- **Vitamin C:** 0%

**Himalayan Salt**
- **Calcium:** 0%
- **Iron:** 0%

### Detailed Nutritional Values

<table>
<thead>
<tr>
<th>Nutrients</th>
<th>Almond Milk</th>
<th>Brazil Nut Milk</th>
<th>Choco-Maca- Milk</th>
<th>Piloto</th>
<th>Pink Milk</th>
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<tbody>
<tr>
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<td>210</td>
<td>230</td>
<td>230</td>
<td>180</td>
<td>100</td>
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<tr>
<td><strong>Total Fat</strong></td>
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<td>3g</td>
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<td>3g</td>
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<tr>
<td><strong>Saturated Fat</strong></td>
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<td>2g</td>
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<td><strong>Cholesterol</strong></td>
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<td>4g</td>
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<td>2g</td>
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<tr>
<td><strong>Dietary Fiber</strong></td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Total Sugars</strong></td>
<td>1g</td>
<td>1g</td>
<td>1g</td>
<td>1g</td>
<td>1g</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>6g</td>
<td>6g</td>
<td>6g</td>
<td>3g</td>
<td>6g</td>
</tr>
</tbody>
</table>

### Additional Information

- **Vanilla Bean, Himalayan Salt**
  - **All Organic**
  - **Sodium:** 0mg
  - **Energy:** 210 calories
  - **Protein:** 4g
  - **Total Fat:** 4g
  - **Cholesterol:** 0mg
  - **Total Carbohydrate:** 4g
  - **Fiber:** 0g

- **Brazil Nuts, Dates, Vanilla Bean, Himalayan Salt**
  - **All Organic**
  - **Sodium:** 2mg
  - **Energy:** 210 calories
  - **Protein:** 6g
  - **Total Fat:** 3g
  - **Cholesterol:** 0mg
  - **Total Carbohydrate:** 17g
  - **Fiber:** 0g

- **Choco-Maca-Milk**
  - **All Organic**
  - **Sodium:** 2mg
  - **Energy:** 210 calories
  - **Protein:** 6g
  - **Total Fat:** 3g
  - **Cholesterol:** 0mg
  - **Total Carbohydrate:** 17g
  - **Fiber:** 0g

- **Piloto**
  - **Sodium:** 2mg
  - **Energy:** 180 calories
  - **Protein:** 3g
  - **Total Fat:** 2g
  - **Cholesterol:** 0mg
  - **Total Carbohydrate:** 3g
  - **Fiber:** 0g

- **Pink Milk**
  - **Sodium:** 2mg
  - **Energy:** 100 calories
  - **Protein:** 3g
  - **Total Fat:** 2g
  - **Cholesterol:** 0mg
  - **Total Carbohydrate:** 2g
  - **Fiber:** 0g

### Notes

- **All Organic** ingredients are used in these milk alternatives. Nutritional values may vary slightly depending on the organic source used.

- **Energy** values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.
### Nutritional Information

#### Chia Seed Hydrator

**Filtered Water,**  
Chia Seeds, Lemon  
(All Organic)

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Cholesterol (mg)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Total Carbohydrate (g)</td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Sugars (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

**Vitamin A (%)** | 0%  | 0%  | 0%  |
**Vitamin C (%)** | 0%  | 0%  | 0%  |
**Calcium (%)**    | 0%  | 0%  | 0%  |
**Iron (%)**       | 0%  | 0%  | 0%  |

*Percent Daily Values are based on a 2,000 calorie diet for most persons. Individual needs may be higher or lower depending on your specific needs.

#### Clean-Zing

**Filtered Water,**  
Lemon, Liquid Cayenne  
(All Organic)

<table>
<thead>
<tr>
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<th>Calories</th>
<th>Calories from Fat</th>
<th>% Daily Value*</th>
</tr>
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<tbody>
<tr>
<td>Total Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
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<tr>
<td>Saturated Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Cholesterol (mg)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Total Carbohydrate (g)</td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Sugars (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

**Vitamin A (%)** | 0%  | 0%  | 0%  |
**Vitamin C (%)** | 0%  | 0%  | 0%  |
**Calcium (%)**    | 0%  | 0%  | 0%  |
**Iron (%)**       | 0%  | 0%  | 0%  |

*Percent Daily Values are based on a 2,000 calorie diet for most persons. Individual needs may be higher or lower depending on your specific needs.

#### Coconut Water

**Organic Young Thai**  
Coconut Water

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>% Daily Value*</th>
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<tbody>
<tr>
<td>Total Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat (g)</td>
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<td>0%</td>
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<tr>
<td>Cholesterol (mg)</td>
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</tr>
<tr>
<td>Sodium (mg)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Total Carbohydrate (g)</td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Dietary Fiber (g)</td>
<td>0%</td>
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<td>0%</td>
</tr>
<tr>
<td>Sugars (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

**Vitamin A (%)** | 0%  | 0%  | 0%  |
**Vitamin C (%)** | 0%  | 0%  | 0%  |
**Calcium (%)**    | 0%  | 0%  | 0%  |
**Iron (%)**       | 0%  | 0%  | 0%  |

*Percent Daily Values are based on a 2,000 calorie diet for most persons. Individual needs may be higher or lower depending on your specific needs.

#### Norwegian Wood

**Filtered Water,**  
Cinnamon Stick, Chaga  
(All Organic)

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat (g)</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat (g)</td>
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<td>0%</td>
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<tr>
<td>Cholesterol (mg)</td>
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<tr>
<td>Sodium (mg)</td>
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<td>0%</td>
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</tr>
<tr>
<td>Total Carbohydrate (g)</td>
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<td>0%</td>
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<tr>
<td>Dietary Fiber (g)</td>
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<tr>
<td>Sugars (g)</td>
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<td>0%</td>
<td>0%</td>
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</table>

**Vitamin A (%)** | 0%  | 0%  | 0%  |
**Vitamin C (%)** | 0%  | 0%  | 0%  |
**Calcium (%)**    | 0%  | 0%  | 0%  |
**Iron (%)**       | 0%  | 0%  | 0%  |

*Percent Daily Values are based on a 2,000 calorie diet for most persons. Individual needs may be higher or lower depending on your specific needs.

---

**Source of fiber / Contains fiber**